

# MMS Facts Sheet

## What is MMS?

MMS is the common name for **Chlorine Dioxide**, which is produced when **Sodium Chlorite** is mixed with a food acid (such as lemon juice, citric acid, or others). In 1997, it was discovered that Chlorine Dioxide quickly cured malaria. Further research revealed that many other ailments could also be improved or cured. Extensive case history<sup>1,2,3</sup> exists showing improvements and even cures in cancer, autism<sup>4</sup>, infections of all kinds, dental issues... even HIV/AIDS.

## Sounds “Too Good to be True” or like some kind of Snake Oil?

That's what most people think at first... until they dig further and learn more about the subject.

## Chlorine Dioxide... Sounds like bleach or what goes in my swimming pool.

Although the word *Chlorine* is in the name, like table salt (that also has *Chlorine* in the name), it is totally different from common household *Clorox Bleach* or pool chlorine, which are both poisons known to be cancer causing if they are used on or in the human body.<sup>5,6</sup> Chlorine Dioxide is not cancer causing and has an amazing ability to destroy (through oxidation) disease causing microorganisms that may be on or in the human body. Because of the chemical nature of chlorine dioxide it destroys these microorganisms in such a manner that it is also destroyed at the same time, leaving nothing behind but plain table salt, discharged oxygen atoms, and dead microorganisms, which the body can easily wash out of the system.

## What research has been... or is being done on MMS?

A growing grass roots effort by researchers worldwide has discovered that MMS can provide surprising health benefits if used properly. Some universities have done research on an unofficial basis and other groups have lent their time and help. There are many doctors using it in their clinics in 3rd world countries. There are countless individuals around the world who use it and share their experiences online.

## The Red Cross Field Test

In December of 2012, The Water Reference Center (WRC), an affiliate organization of the Red Cross, performed a documented field test in Uganda where 154 malaria patients were treated using sodium chlorite (the key constituent of MMS). All 154 patients were cured of malaria within 24-48 hours of treatment. The WRC and the Red Cross insisted on keeping the results quiet. Eventually the results were made public in May 2013 via an amateur video<sup>7</sup> produced by the one who trained the staff on how to treat malaria. Unfortunately, on May 15, 2013, the Red Cross dissociated itself in the strongest terms from the test and its results.<sup>8</sup> Soon thereafter, a professional video<sup>9</sup> produced by the WRC was discovered and released showing the details of the test along with glowing statements by Red Cross officials.

## Can a person get hurt or sick from MMS?

The secret to safely using MMS (Chlorine Dioxide) is always to use tiny amounts and increase slowly. Anything can hurt you if used incorrectly, including such things as peanuts, aspirin, cherries, etc. In fact, 700,000 deaths are attributed to ingesting medical pharmaceuticals each year in the US alone.<sup>10</sup> It is estimated that millions of people have ingested chlorine dioxide as water purification chemicals, as stabilized oxygen sold in health food stores for 80 years, and as preservation chemicals used on vegetables and fruits, without a single death attributed to its use. A 1981 study<sup>11</sup> showed no ill effects on humans when consuming even higher levels of Chlorine Dioxide than MMS treatment normally suggests.

## How is MMS used and how much should I take?

MMS comes in liquid form and is normally taken as drops in a ½ glass of water or juice once every hour throughout the day. This is for most common illnesses and is considered the most common protocol. Normally it is best to start with ½ a drop an hour and increase the number of drops per hour slowly up to 3 drops per hour and no more. However, in case of severe sickness one might start with less than ½ a drop per hour and in cases of life threatening diseases more than 3 drops per hour is often required. It is important to increase the number of drops per hour slowly and to be very careful to reduce the number if the person develops nausea or otherwise feels worse. There are numerous protocols for various health problems. For example, Malaria is the only disease that calls for as high as 18 drops at once, but no more than two doses separated by 2 hours. In the case of a cold, you would take two doses of 6 drops one hour apart. The protocols are simple and easy to follow. Using too many drops an hour can cause nausea, and diarrhea and other symptoms and while very uncomfortable no one has ever had damage caused by them. These symptoms can be prevented by following the protocol process carefully. (Note #1: When we say drops of MMS, they are usually mixed with a food acid (for activation) before being added to water. Note #2: This paragraph is only a basic description and should NOT be used as a guide for treatment.)

## Who should use MMS?

The answer to this question is basically, “All those who are willing to take responsibility for their own health and healing.” It is often simpler than going to a doctor. You must listen to your body and carefully apply what you learn, which can return you to health.

## What do doctors say about MMS?

If you asked the average doctor, they know very little about MMS and most have never heard of it, although this is rapidly changing. There are a growing numbers of doctors and health practitioners using it in 3<sup>rd</sup> world countries with very encouraging results. Unfortunately, what doctors are allowed to prescribe and say in the 1<sup>st</sup> world countries is very controlled—although some will talk positively about it off-the-record.

## What does the FDA say about MMS?

The FDA has approved the use of Chlorine Dioxide (active ingredient of MMS) for preserving fruits and vegetables, for water purification, as disinfectants used in hospitals, and other uses. However, the FDA is firmly against using Chlorine Dioxide for medical purposes.<sup>12</sup> If MMS were to be approved for medical applications, then billions of dollars now paid for medical drugs would be lost to the pharmaceutical companies. Unfortunately, there is a revolving door between the FDA and the pharmaceutical industry which insures that the FDA will always object to medical MMS use.

## A little MMS history

MMS was developed by Jim Humble, a gold miner and metallurgist, on an expedition into the jungles of South America, looking for gold. Two men in his expedition came down with malaria. Humble always carried stabilized oxygen with him on such expeditions, to make local water potable. Facing the possibility of a quick loss of life, he gave some to the stricken men. To everyone's amazement, his men got well within hours. Humble wanted to better understand what had just happened, so over several years he discovered that what made stabilized oxygen so effective in many malaria cases, was not the oxygen at all, but rather the chlorine dioxide that was in the mixture. Further research led him to discover how to specifically increase the amount of this key ingredient.

Humble has authored several books detailing his discoveries. His most recent publication came out in 2011 named, *The Master Mineral Solution of the Third Millennium*.<sup>13</sup>

In 2010, Jim Humble founded the non-religious *Genesis II Church of Health & Healing*<sup>14</sup> to serve as a legal structure to help share his discovery. The church's focus is education about MMS and does not treat patients. It also does NOT ask anyone to change their religious beliefs. It does promote the concept: *ALWAYS DO THE RIGHT THING*. The church holds training seminars throughout the world where MMS experts share their knowledge and train those who wish to help the sick throughout the world.

## This Jim guy must be getting rich from this MMS thing...

Actually, you can ask anyone who knows him personally (and many do)... Jim lives a very simple life. He has never sold MMS. All proceeds from his book sales go to fund church activities and overhead to help spread the word of MMS.

## The Controversy

There are individuals and organizations that are trying to stop MMS. Misinformation and disinformation are all over the internet and elsewhere, making it very difficult for the average person to separate truth from fiction. Even commonly trusted sources, such as Wikipedia,<sup>15</sup> contain false and misleading information about Jim Humble and his MMS discovery. On December 11, 2013, the BBC's *One Show* broadcast an undercover exposé presenting MMS and the church as a scam.<sup>16</sup>

## Who is fighting AGAINST MMS?

MMS challenges the heart of the medical establishment including Big Pharma. Obviously, if MMS is what it claims to be, then it will impact the bottom line of the world's biggest industry. The Big Pharma lobby is known to have significant influence on the US FDA (Food & Drug Administration). In fact, the FDA is legally going after Daniel Smith of Project GreenLife, a mail-order company that supplied MMS until it was raided and shut down.

## Who is fighting FOR MMS?

There are many doctors around the world who have come to realize the benefits MMS offers their patients and quietly use it in their practice and/or prescribe its use—usually in 3rd world countries where you find more freedom. In addition, there are countless citizens around the world who are interested in cost effective health and healing for themselves and their families. These people are not afraid to try something that is unconventional.

## Where can I find testimonials from real people who have used MMS?

The internet is saturated with testimonials from around the world.<sup>1,2,3</sup> You can also find many forums that discuss MMS. Curezone.org conducted a survey<sup>17</sup> of hundreds of users. The results revealed that about 80% of users had positive benefits.

## Who is behind this MMS Facts Sheet and why?

This facts sheet is produced and maintained by a group of private citizens from around the world who want the truth to come out. The intent of this facts sheet is to provide you with just enough basic information to do further research, while highlighting the brewing controversy, so as to make it easier for you to remain objective. The information provided here only scratches the surface. We encourage you to consider the possible motivations on all sides and draw your own conclusions.

## Videos of Interest

Project Camelot interviews Jim Humble about MMS in 2008	<a href="http://youtu.be/PGjUp1zoov8">http://youtu.be/PGjUp1zoov8</a>
A Conscientious Doctor Comments on MMS	<a href="http://youtu.be/bpleqTajcpQ">http://youtu.be/bpleqTajcpQ</a>
Straight Talk on MMS - Guest: Andreas Kalcker - General Info.	<a href="http://youtu.be/HLEEFLLCefnM">http://youtu.be/HLEEFLLCefnM</a>
Straight Talk on MMS - Guest: Kerri Rivera - Autism Recovery	<a href="http://youtu.be/HnCix5b1I-Y">http://youtu.be/HnCix5b1I-Y</a>
Project Camelot - Follow-up interview with Jim Humble in 2010	<a href="http://youtu.be/zPgRrlqsTII">http://youtu.be/zPgRrlqsTII</a>
Andreas Kalcker MMS conference "Forbidden Health"	<a href="http://youtu.be/aWTVPaMtwT4">http://youtu.be/aWTVPaMtwT4</a>
Youtube Channel containing many MMS Video Testimonials	<a href="http://www.youtube.com/mmstestimonials">http://www.youtube.com/mmstestimonials</a>

## References

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